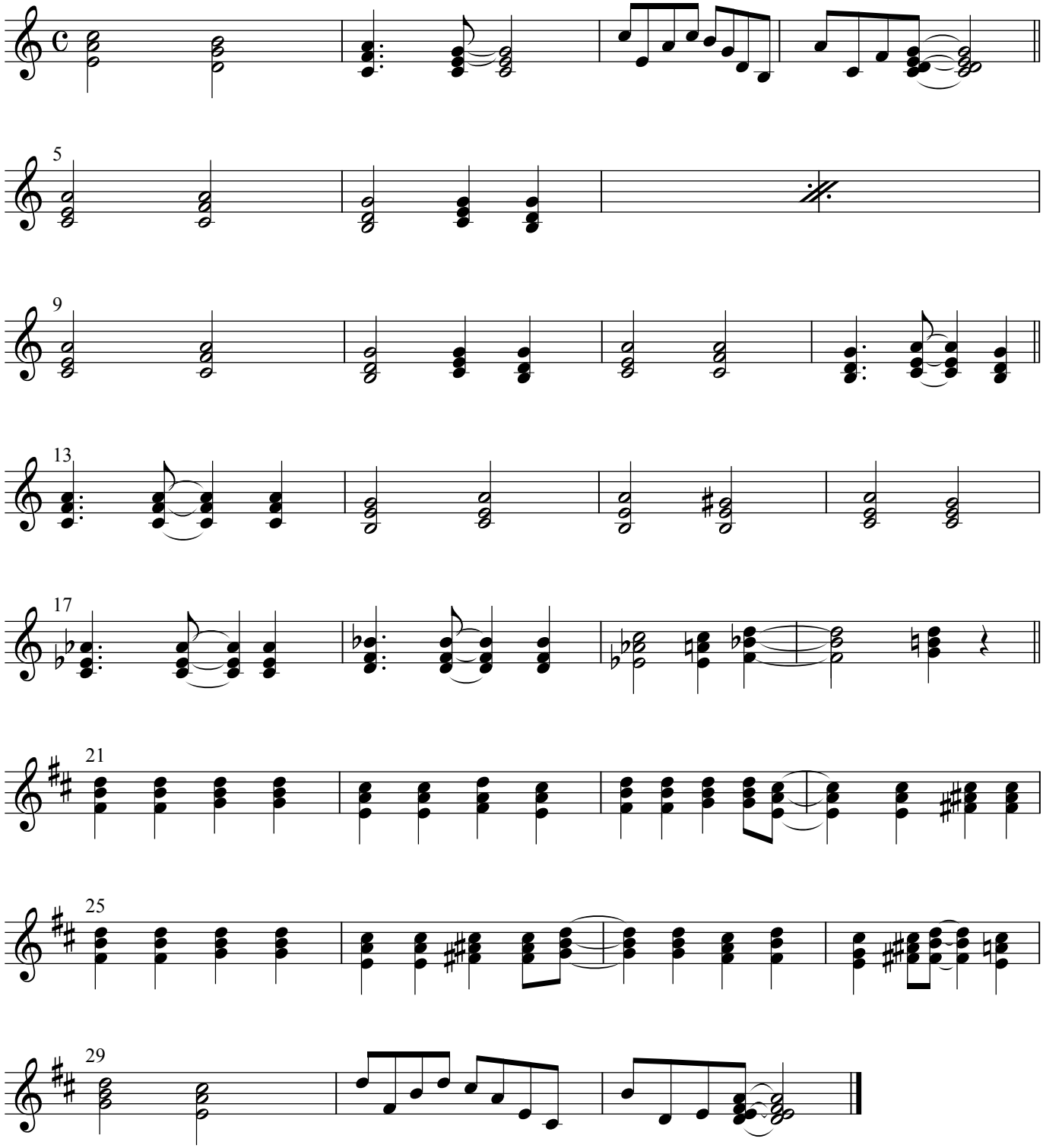炎Am